

# BERRY COLLEGE

## Student Wellness

# Student Wellness

Promoting **student success and lifelong well-being** through comprehensive health and wellness resources and fostering a **thriving community** of active and healthy students.



# BERRY COLLEGE

# Counseling Center

# Counseling: Location, Hours, & Contact Info

- Kate Macy Ladd Center
- Monday – Friday, 8am – 5pm
- Students can make an appointment by walking in, calling, or emailing
- Phone: 706.236.2259
- Email: [counseling@berry.edu](mailto:counseling@berry.edu)



<https://www.berry.edu/counseling-center/>

# Services Offered

## **Individual Counseling** Offered by Licensed Clinicians or Masters Level Interns

- Short-term, goal-oriented model
- Work with a wide variety of issues, ranging from social or developmental concerns to more significant mental health diagnoses and single-event trauma

## **Group Counseling**

## **Outreach/Workshop**

## **Same-Day Sessions**

- Same-day sessions are brief, 30-minute sessions that focus on reducing distress and creating a plan to address concerns.
- Brief, solution-focused meeting to assist with reducing distress and assessing student needs.

# Scope of Practice and Referral

## Concerns Beyond Our Scope of Practice

- Students who need weekly or more frequent sessions
- Documentation for Emotional Support Animals
- Couples or family therapy
- Comprehensive psychological evaluations of any type, including but not limited to: forensic evaluations, custody or divorce assessments, academic disability, neuropsychological exams, ADHD assessments, etc.
- Complex PTSD or complex trauma
- Active/Impairing significant eating concerns/disorders
- Active/Impairing drug or alcohol problems as the primary presenting issue
- Untreated psychotic disorders

**Students needing assistance with these issues are welcome to schedule an Initial Consult to discuss options for referral in the community and are still eligible for same-day sessions if needed.**

# Frequently Asked Questions

## **Can the counselor share information with me as a parent?**

- If the student is over 18, they need to sign a release of information for any information to be shared. If the student is under 18, parents need to sign the informed consent and will be allowed information until their child turns 18.

## **If there is a mental health crisis, are parents contacted?**

- We cannot guarantee immediate contact due to the student's right to refuse. In most cases, students want their parents contacted. Counselors recommend that parents be called if they think we may need to hospitalize the student.

## **What if my student needs mental health assistance after hours?**

- There is a licensed counselor on call 24-7 when the college is open. Residence Hall staff and Campus Safety are trained to respond to mental health crises.
- Oasis app.
- 988

# BERRY COLLEGE

## Health Center

# Health Center: Location, Hours, & Contact Info

- Kate Macy Ladd Center
- Monday – Friday, 8am – 5 pm
- Appointments: Mediat Patient Portal or by Phone 706.236.2267
- Same-day appointments are often available
- For after-hours emergencies, call Campus Safety
- Email: [healthservices@berry.edu](mailto:healthservices@berry.edu)



<https://berry.edu/health-center/>

# Scope of Practice and Services Offered

## ACUTE AMBULATORY CLINIC

Care is available for minor health problems and injuries, and assistance with referrals as needed.



## SERVICES

- A fully stocked student self-help center
- Multiple varieties of OTC medications
- Allergy shots
- Flu vaccines
- Physical exams
- Flu, strep, mono, H. Pylori and COVID-19 tests
- Urine dip and pregnancy testing
- Hemoglobin test
- Blood sugar readings
- Treatment of common viral and bacterial illnesses
- Ear wax removal
- Evaluation of injuries
- Equipment loan (crutches)
- GYN Visits and preventative care
- Any off-campus referrals will be at the cost of the student (STI testing, X rays, or lab work)

# Frequently Asked Questions

## **Can the health center staff share information with me as a parent?**

- If the student is over 18, they need to sign a release of information for any information to be shared. If the student is under 18, parents need to sign the informed consent and will be allowed information until their child turns 18.

## **If there is a medical emergency, are parents contacted?**

- We cannot guarantee immediate contact due to the student's right to refuse. In most cases, students want their parents contacted. Health Center staff recommends that parents be called if they think we may need emergency care.

## **What if my student needs medical care after hours?**

- Campus Safety are trained to respond to medical emergencies and will call EMS if needed.

# BERRY COLLEGE

Student Well-being and Support



# Student Well-being and Support

- Peer-to-peer education.
- Provide support for health-related care.
- Confidential advocacy and resources for Title IX-related issues.



# BERRY COLLEGE

# Recreation

# Recreation: Programs and Services



Outdoor  
Leadership



Recreation &  
Adventure



Intramural  
Sports



Fitness &  
Nutrition

<https://www.berry.edu/berryrecreation>

# Questions

## Contact Information:

- **Carley Price, LPC** Director of Counseling, [cprice@berry.edu](mailto:cprice@berry.edu)
- **Lauren Wehunt, DNP**, Director of Health Services, [lwehunt@berry.edu](mailto:lwehunt@berry.edu)
- **Ashley Demonbreun-Chapman**, Director of Student Well-being and Support, [ademonbreunchapman@berry.edu](mailto:ademonbreunchapman@berry.edu)
- **Arielle Mindigo**, Director of Recreation & Mental Health Counselor [amindigo@berry.edu](mailto:amindigo@berry.edu)



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